MEMBERSHIP

The Spa at Club One is open to the public. You don't have to be a Club One member to enjoy our offerings. Membership does have its advantages. For more information, please speak with a Membership Representative.

APPOINTMENT GUIDELINES

Please contact our service desk to schedule your appointment. Please arrive at least 20 minutes prior to your scheduled appointment to complete our check-in process. Enjoy a brief steam, sauna and a shower to rinse off stress at this time.

CANCELLATION POLICY

The services you select are reserved exclusively for you. To cancel your appointment, please call the service desk at least 24 hours before your appointment to avoid being billed for 100% of the service fee. We don't accept cancellations by email.

INCLUDED WITH YOUR TREATMENT

Enjoy a complimentary same-day pass to the club. Also included are two hours of complimentary Playcare for one child. Please check with the specific club location for information on age limits and hours of operation. You must make a reservation with Playcare to guarantee a spot. Reservations are made by contacting Club One at Santana Row at 408/985-5555 or Club One at Silver Creek Sportsplex at 408/226-8080.

YOUTH POLICY

Children 13–17 years old may receive treatments at locations offering general club youth access. Please contact the club location for more information. The maximum treatment time for a youth is 50 minutes. Children must wear undergarments during massage & skin treatments. A parent or guardian over the age of 25 years old must be present for the duration of the treatment.

CLUB ONE AT SANTANA ROW
3055 Olin Avenue
San Jose, CA 95128
408/985-5555

CLUB ONE AT SILVER CREEK SPORTSPLEX
800 Embedded Way
San Jose, CA 95138
408/226-8080

www.TheSpaAtClubOne.com

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THE SPA
at Club One

MASSAGE TREATMENTS

Custom Massage*

Club One's highly trained professionals are committed to your satisfaction. Each treatment session is customized to your personal needs and often combines massage techniques that help you achieve total wellness.

Pre and Post Natal Massage

Available at the same pricing, revel in relaxation before or after motherhood arrives with this nourishing and customized massage. Your therapist uses various positioning techniques and modalities to give you the best results possible. Not performed in the first trimester.

50 Minutes	Member	Guest
Single	$82	$92
Series of 3	$225	$255
Series of 6	$420	$480
80 Minutes		
Single	$115	$125
Series of 3	$324	$354
Series of 6	$612	$672

30 Minute Aroma Touch Technique $30

As an amenity to your massage, start your session with 30 minutes of aromatherapy. A blend of eight different essential oils help to relieve stress, increase immunity, decrease inflammation and bring the body back to balance.

SKINCARE TREATMENTS

Custom Facial*

This custom treatment consists of a relaxing facial with steam vapor, gentle cleansing, massage, exfoliation, and extractions. A skin-specific mask is applied and followed by toning and moisture protection. For all skin types.

50 Minutes	Member	Guest
Single	$77	$87
Series of 3	$210	$240
Series of 6	$402	$462

Microderm Rejuvenation

Reduce the appearance of sun damage, fine lines and wrinkles, blackheads and comedones, uneven pigmentation, enlarged pores, and superficial scars. Extractions are performed along with soothing products and a customized mask. Diamond tip also available for sensitive skin.

50 Minutes	Member	Guest
Single	$135	$145
Series of 3	$384	$414
Series of 6	$750	$810

**This service can be scheduled with Getting Started Kits.*

Glycolic Facial

50 Minutes, $110/member, $125/guest

Glycolic Enzyme: This accelerated treatment has two effective topical exfoliants. The combination safely intensifies resurfacing action and provides measurable results for any skin types. Recommended for teens.

Factor A: Resurface and clarify skin texture, minimize fine lines and wrinkles, and fade the appearance of discoloration to even skin tone and assist in resolving acne.

WAXING

Facial Hair Removal

	Member	*Guest*
Brow Shaping	$20	$30
Lip or Chin	$15	$25
Full Face	$35	$45

Body Hair Removal

Full Arm	$55	$65
Half Arm	$40	$50
Underarm	$25	$35
Back	$50	$60
Chest or Stomach	$40	$50
Bikini	$30	$40
Brazilian	$75	$85
Brazilian Maintenance	$65	$75
Full Leg	$75	$85
Half Leg	$50	$60

SPA PACKAGES

The Spa Custom Package

110 Minutes, $150/member, $170/guest

50 minutes each of Custom Facial and Custom Massage

The Spa Rejuvenation Package

110 Minutes, $210/member, $230/guest

50-minute Microderm Rejuvenation Facial and a 50-minute Custom Massage

The Spa Renewal Package

110 Minutes, $205/member, $225/guest

50-minutes of either The Spa Custom Facial or Massage and a 50-minute Body Polish Treatment

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Complimentary 10-minute skin consultations are available to get you on track to smooth, clear and even skin.